

Unit 8: Follow That Dream + Believe in Yourself

English Notes + Complete Solutions with Explanation / Notes by Abhishek Sir

PART A: Letter - Follow That Dream (Irene Chua)

1. Summary

Ye maa Irene Chua ka apni beti Ming ko likha letter hai (book: My Daughter, My Friend). Maa kehti hai: "By all means follow that dream." Mahaan log isliye mahaan bante hain kyunki unke paas sapna hota hai aur wo use **poora hone tak** pursue karte hain. World-class banne ke liye kam se kam **das saal** ka lagataar, gehra abhyas chahiye. Pehle **passion**, phir **conviction**; saath me **samay**, **paisa** aur **tyaag ka hisaab** lagao. Phir bhi agar dil me aag hai to "plunge" karo. Raasta uphill hoga, par jo kaam pasand hai wo **stamina khatam hone par bhi chalaye rakhta hai**. Academy Awards jeetne wala bhi **support network** ko thank karta hai.

Bahut se log sapno ko sirf **wishful thinking** rakhte hain - kuch security chunte hain, kuch halaat (jaise WWII ki Japanese invasion) ya parivaar ki zimmedari ki wajah se rukte hain. Maa "wet blanket" nahi banna chahti, par kehti hai ki **saari badhnaam ko tolo** aur phir bhi dil me aag ho to aage badho. Zindagi sapne **badal** sakti hai; naye sapne bhi purane jitne keemti hain. Maa ka apna sapna bhi badla - ab **book publish** karna uska 10 saal ka sapna bana.

Themes

- Dream + hard work + sacrifice = success.
- Realistic planning: costs ko pehle jaano.
- Support network ka mahatva.
- Sapne badal sakte hain - adaptability.

Word	Meaning
singularly	ek hi cheez par dhyan lagakar
imperative	bahut zaroori
buoyed up	hausla badhna
wistfully	tarasti nazar se, hasrat ke saath
dreamscape	sapno ki duniya

Word	Meaning
coursing	tezi se bahna
wet blanket	josh thanda karne wala

SOLUTIONS - FOLLOW THAT DREAM

Q. Reflect and Respond (web chart)

Ans. Sapna follow karna zaroori kyun: 1. life me purpose milta hai; 2. khushi aur santushti; 3. kaam me best nikalta hai; 4. discipline aur confidence; 5. regret nahi hota; 6. dusron ko inspiration milta hai. (Kalam: "Dream is something that does not let you sleep" - sapna wo jo neend udaa de, matlab junoon.)

Q. Check I. True/False

Ans. 1 True (ten years singular pursuit). 2 True. 3 False (road is uphill, many hurdles). 4 True (life may change dreams). 5 False (support network madad karta hai, rukawat nahi). 6 False (years, financial investment, sacrifice lagta hai). 7 True.

Critical Reflection - Extract 1

Q. (i)-(v)

Ans. (i) conviction (enthusiasm : passion :: belief : conviction). (ii) B. an early abandonment of the dream - pehle se jaanoge to beech me chhodoge nahi. (iii) complete (plunge = poori tarah kood padna). (iv) because the motivation comes from within - the satisfaction of doing what you love, not external rewards. (v) support network ka sath / belief ki aap sahi kar rahe ho / passion.

Extract 2

Q. (i)-(v)

Ans. (i) evolving / dynamic. (ii) Naye ya badle sapne utne hi keemti aur mehnat ke laayak hain jitne bachpan ke sapne. (iii) "negotiate a path through a maze of hurdles". (iv) because bade/lambe sapne me zyada log (family, mentors, publishers, readers) judte hain. (v) C. optimistic and encouraging.

II. Answer the following

Q. 1. Ming ne kya likha hoga?

Ans. Ming ne shayad apna sapna (jaise design/music/science me career) mummy ko bataya aur poochha ki kya wo follow kare. Maa ne "By all means" se haan kaha.

Q. 2. International level ki skill

Ans. (i) 10 saal tak lagataar aur gehri practice (singularly and intensively). (ii) Effort, time, paisa aur tyaag invest karna aur support network banana.

Q. 3. Dreamers vs achievers

Ans. Achievers action lete hain, mehnat aur tyag karte hain; mere dreamers sirf "I wish" kehkar wishful thinking me rehte hain ya security ke liye sapne chhod dete hain.

Q. 4. Critical questions aur anecdotes

Ans. Maa sawal poochti hai ("Do you know...?") jo Ming ko sochne par majboor karte hain, aur Raffles College / WWII ya apni book ke udaharan se baat ko asli aur bharosemand banati hai.

Q. 5. Encouragement vs caution

Ans. Maa kehti hai "follow that dream" (encouragement) par saath me "count the cost", "years you need", "obstacles consider karo" (caution) - ye santulit aur practical salah hai.

Q. 6. Kya aaj bhi relevant?

Ans. Haan. Aaj competition, financial pressure aur bhram badhe hain; planning, mehnat aur support ki zaroorat aaj bhi utni hi hai. (Alag mat bhi de sakte ho reason ke saath.)

Q. 7. Meri costs

Ans. Main time, neend, aur manoranjan ka tyag karne ko taiyaar hoon; par sehat aur parivaar ka samay nahi chhodunga. (Apni raay likho.)

Vocabulary and Structures

Q. I. -scape words

Ans. mindscape = mann ka drishya / vichar ka kshetra; seascape = samundar ka drishya; landscape = zameen/prakritik drishya; cityscape = shehar ka drishya. Dialogue: (i) seascape; (ii) cityscape; (iii) landscape; (iv) mindscape.

Q. II. Expressions

Ans. 1 burn in her blood - (ii) have a passionate desire. 2 uphill task - (i) a tough challenge. 3 buoyed up - (iv) lifted in spirit. 4 wishful thinking - (iii) a hopeful belief but unlikely to be true. 5 wet blanket - (i) spoil-sport. 6 coursing through veins - (ii) flowing through her body.

Q. III. First conditional (imperatives)

Ans. 1. If the idea excites you, start working on it today. 2. If you hear strange noises, inform an elder immediately. 3. If this seems too hard, take a break and try again. 4. If you care about the issue, speak up. 5. If you finish early, revise your answers.

Q. IV. "Could"

Ans. 1 Possibility; 2 Unreal/hypothetical; 3 Past possibility or speculation; 4 Past ability or purpose ("so that they could support").

Q. V. Complete with could

Ans. 1. I wish I could live without worrying about money. 2. They could have taken the shorter route. 3. I could run without stopping. 4. She could be at the library. 5. Could you repeat the question?

Q. VI. Grammatical forms

Ans. 1 helps; 2 learned; 3 work; 4 apply; 5 conducts; 6 analyses; 7 must reflect; 8 helps; 9 is; 10 will incorporate. (General truths: simple present; future: will.)

Q. Listen and Respond (transcript page 275)

Ans. Transcript PDF me nahi hai. Exact words audio se bharna padega; main andaaza nahi laga raha.

Q. Speaking: Role play

Ans. Dreamer: "I know this might sound challenging, but I want to be a trekking guide."

Parent: "I only want what's best for you - what if it doesn't pay?" Mentor: "Dreams need planning - let us look at the long-term view." Friend: "If anyone can do this, it's you."

Q. Writing: Email to the Director (design workshop)

Ans. From: aarav@email.com

To: director@designinstitute.org

Date: 5 May 20XX

Subject: Enquiry regarding the Summer Design Workshop

Respected Sir/Madam,

I am a student of Class 9 who is passionate about designing. I came to know about your summer workshop. I would be grateful if you could share details of the dates, fees, eligibility and registration process, and kindly permit me to join.

Yours sincerely,

Aarav Sharma (Class 9), Contact: 98XXXXXXXX

Q. Learning Beyond the Text

Ans. Vision Board ke 5 hisse: My Dreams, I Want to Try, Goals, Places I Will Go, Inspiration. Jijabai ne Shivaji ko Ramayana-Mahabharata ki kathayein sunakar dharma aur bahaduri sikhayi; Madalasa ne bachchon ko atma-gyan aur vairagya sikhaya.

PART B: Poem - Believe in Yourself (Step up to the Challenge, Robert Langley)

Theme: Comfort zone (status quo) chhodna padta hai; pehla kadam sabse mushkil hai, par self-belief se aap future ke raste par rehte ho. Rhyme: ABCB. Tone: motivational. Devices: rhetorical question, metaphor, antithesis, direct address ("you"), repetition ("This isn't..."). Speaker: guide jaisa mentor.

Word	Meaning
status quo	maujooda sthiti, jo jaisa hai waisa
pull forward / push back	aage badhna / darr se peeche hatna
comfort zone	aaram ki jagah
stagnation	ruk jana, vikas ka thahar jaana

SOLUTIONS - BELIEVE IN YOURSELF

Q. Reflect and Respond IV. status quo

Ans. 2. A situation to keep things the same - kyunki bachche badlav nahi chahte the.

Q. Check I. Central ideas

Ans. Stanza 1 - (i); Stanza 2 - (i); Stanza 3 - (ii); Stanza 4 - (ii).

Q. II. Rhyme scheme

Ans. ABCB (see/be; fear/near; quo/grow; back/track).

Q. III. Tone

Ans. 1 True. 2 True (shuru me thoughtful/anxious, ant me determined).

Q. IV. Speaker

Ans. guide; control of; talking directly to the reader.

Q. V. Imagery

Ans. 1 "There is no crowd to see" - (ii) solitary journey; 2 "push you back in fear?" - (iii) mental barrier that prevents growth. Extra: (i).

Q. VI. Symbolism

Ans. 1 stagnation; 2 unknown, courage; 3 leap of faith, self-improvement.

Q. VII. Metaphor

Ans. "First step" asli kadam nahi, balki kaam ki shuruaat ka pratik hai - ek cheez ko doosri cheez ke roop me kehna metaphor hai.

Q. VIII. Antithesis

Ans. "Will it pull you forward / Or push you back in fear?" (forward vs back) aur "There is such ease in comfort ... But this isn't what we are made for" (comfort vs growth). Dono me opposite ideas parallel structure me hain.

Critical Reflection

Q. Extract (i)-(v)

Ans. (i) Chunauti akele aur bina shor ke, bina taareef ke ladi jaati hai. (ii) challenge sirf aapka personal hai aur aap hi uske zimmedar hain. (iii) step up. (iv) B. Facing the Future Alone. (v) challenge (achieve : goal :: face : challenge).

Q. II-1. "First step is the hardest"

Ans. Shuruat me darr, shak aur aalas sabse zyada hota hai; ek baar chal pade to aage aasaan hota hai. Isliye growth me himmat se shuru karna sabse zaroori hai.

Q. II-2. Antithesis ka message

Ans. Personal growth ke liye comfort aur growth me se chunna padta hai; comfort rukawat hai, risk growth hai.

Q. II-3. Kya sirf believe in yourself kaafi?

Ans. Nahi puri tarah. Self-belief shuruat deta hai par mehnat, planning, support aur resources bhi chahiye. Lekin bina belief ke koi shuru hi nahi karta.

Q. II-4. Apna udaharan

Ans. Mere dost ko pehli baar stage par bolna tha. Wo daraa hua tha, par "main kar sakta hoon" sochkar bola aur safal hua - poem ke message jaisa.

Vocabulary in Context

Q. I. Latin expressions

Ans. (i) e.g. (exempli gratia); (ii) quid pro quo; (iii) etc. (et cetera); (iv) per se; (v) ad hoc; (vi) in media res.

Q. II-1. Rhetorical questions ka aim

Ans. (i) Log ko turant action lene ke liye prerit karna. (ii) Darr par jeet paane ke liye prerit karna.

Q. II-2. Match

Ans. (i) sahi ke liye khade hona - F; (ii) galti manna - B; (iii) public speaking jaisa challenge - A; (iv) career path chunna - D; (v) maafi maangna - C; (vi) comfort zone se bahar - E.

Q. Listen and Respond (transcript page 275)

Ans. Transcript PDF me nahi hai. I: 1 nervous; 2 preparation; 3 he would do well (jaisa audio me aaye). II: sambhavit sahi: 2, 4, 5, 7. Audio se confirm karo.

Q. Speaking: Proverbs

Ans. "Actions speak louder than words" - jo bolta hai ki padhunga par nahi karta, aur doosra chupchap padhta hai - nateeja dikhata hai ki karma shabdon se bada hai. "Don't judge a book by its cover" - shant dikhne wala bachcha actually bahut talented nikla.

Q. Writing: Speech - Turning Challenges into Opportunities

Ans. Good morning everyone. I am Aarav of Class 9. "Challenges are what make life interesting; overcoming them is what makes life meaningful." Today I will talk about how challenges become opportunities.

Body 1: Challenges teach new skills - for instance, during exams I learned time

management. **Body 2:** Dr. Kalam delivered newspapers as a boy yet became President; don't you agree that hardship builds strength?

Conclusion: To sum up, face challenges with a positive mind. Thank you.

Q. Learning Beyond the Text

Ans. Ambedkar: bhedbhav jhelkar bhi padhai aur Constitution ke Chairperson bane.

Shastri: pita ka nidhan, nange pair school jana - par PM bane. **Kalam:** akhbaar baantkar padhai - Missile Man aur 11th President. **Message:** grit + hard work = success.

– **Teacher:** Abhishek Sir / **Practice:** is topic ke 100 MCQs ka CSV zaroor solve karo.